



Prenatal and Infant Care Resource Directory 2017-2018

Free & low-cost services
for healthy pregnancy &
first year of life in
Allen County, Indiana

www.sjchf.org

Think You're Pregnant? Free Pregnancy Testing

*Your pregnancy **MUST** be confirmed by a medical provider before you can apply for insurance or financial assistance!*

Contact one of these agencies for free pregnancy testing, OR visit your family Physician or OB/GYN. Costs will vary.

A Hope Center **www.ahopecenter.org**

3630 Hobson Rd. • Fort Wayne, IN 46815
260-422-3544

3701 S. Calhoun St., Suite C • Fort Wayne, IN 46807
260-969-HELP

4705 Illinois Rd., Suite 115 • Fort Wayne, IN 46804
260-969-6633

13410 Main St. • Grabill, IN 46741
260-627-2242

Neighborhood Health Clinics **www.nhci.org**

1717 S. Calhoun St. • Fort Wayne, IN 46802

3350 E. Paulding Rd. • Fort Wayne, IN 46816
260-458-2641

Women's Care Center **www.womenscarecenter.org**

419 E Wayne St. • Fort Wayne, IN 46802
260-483-8918 • Spanish: 260-420-8232

4600 W. Jefferson Blvd. • Fort Wayne, IN 46804
260-203-5476

921 W. Coliseum Blvd. • Fort Wayne, IN 46808
260-483-8918



An independent foundation sponsored by the Poor Handmaids of Jesus Christ

347 W. Berry St., Suite 101
Fort Wayne, IN 46802
www.sjchf.org

With many pregnancies, especially an unplanned one, comes fear and concern about a lack of support and resources. The St. Joseph Community Health Foundation wants all Allen County parents to know that they have many local agencies who will provide help, no matter the circumstances.

This resource guide lists suggested organizations that will wrap their loving arms around the newly expectant parents, and support them through the first year of their baby's life. The organizations can help with pregnancy confirmation, enrollment into health insurance, connecting with quality medical care, and services to help individuals identify and connect with a wide range of resources to help with a healthy pregnancy and a successful first year of life. Many of the organizations are faith-based ministries who can also provide spiritual support.

Sincerely,

Meg Distler
Executive Director



What's Inside

Alphabetical Listing of Resources & Service Providers

2	Think You're Pregnant? Free Pregnancy Testing
8	Want Help? Pregnancy Resource Centers
10	Need a Doctor? Prenatal & First Year Medical Providers and Insurance
12	Need to Talk? Addiction, Depression, and Stress Management
14	Need Things? Free Baby Supplies
16	Want More Information? Best Apps & Websites
18	Know Where To Go? Best Local Services, Free & Low-Cost
18	Teen Parenting
19	Food, Nutrition & Breastfeeding
19	HIV, STD and STI Testing
20	Stop Smoking Programs
20	Prenatal Vitamins
21	Special Pregnancy Needs
21	Natural Family Planning & Spacing
21	Crisis Nurseries
22	Early Care for Children with Disabilities & Delays
22	Post Abortion-Miscarriage Support
23	Difficult Prenatal Diagnosis
23	Adoption
24	Parent Classes
26	Childcare
26	Immunization
27	Experiencing Loss? Grief Services

A Baby's Closet.....	28
A Hope Center.....	28
A Mother's Hope.....	46
Adoption Services.....	23
Addiction, Depression, and Stress Services.....	12
Allen County Department of Health.....	30
American Heart Association.....	30
American Red Cross.....	30
Apps & Websites.....	16
Associated Churches.....	28
BabiesLove.org.....	30
Baby & Me, Tobacco Free.....	42
Bowen Center.....	32
Brightpoint.....	32
Catholic Charities.....	34
Childcare.....	26
Christ Child Society.....	34
Count the Kicks.....	16
Covering Kids & Families.....	32
Crib Club.....	34
Department of Child Services.....	34
Diocese of Fort Wayne-South Bend.....	36
Disabilities & Delays.....	22
Down Syndrome Association of Northeast Indiana.....	36
Early Childhood Alliance.....	38
Earn While you Learn.....	28
Education Creates Hope and Opportunity (ECHO).....	34, 38, 46
Family Medicine Center.....	40
First Steps.....	40
Food, Nutrition, Breastfeeding.....	19
Freedom from Smoking.....	52
Gear Up Safety Program.....	46
Gigi's Playhouse.....	40



LISTING OF RESOURCES & SERVICE PROVIDERS

HIV, STD, STI Testing.....	19
Head Start, Early Head Start.....	32
Headwaters Counseling	42
Healing Hearts	50
Healthier Moms & Babies	42
Housing - A Mother's Hope.....	46
I'm Expecting.....	16
Infant Risk Center - Safe Medication Information	13
La Leche League of Fort Wayne.....	42
Lafayette Street Family Clinic	42
Look Up Indiana	44
Lutheran Children's Hospital.....	44
Lutheran Health Network	44
Lutheran Social Services.....	46
March of Dimes	46
McMillen Health (Babieslove.org).....	30
Miriam's Blessing	36, 46
MOMS Helpline.....	46
My Pregnancy Today	17
Natural Family Planning & Spacing.....	21
Neighborhood Health Clinics	48
Ovia.....	17
Parenting Classes	24
Park Center.....	48
Parkview Health.....	50
Parkview Children's Hospital	50
Parkview Physicians Group - OB/GYN	50
Pediatric Medical Care.....	11
Positive Resource Connection	52
Poor Prenatal Diagnosis.....	23
Post Abortion - Miscarriage Support	22
Pregnancy Apps	16
Pregnancy Testing (Free)	2
Prenatal (OB/GYN) Medical Care	11

LISTING OF RESOURCES & SERVICE PROVIDERS

Prenatal Vitamins (Free)	20
Project Rachel	36, 52
Quit Now Indiana.....	52
Safe Families.....	52
Safe Medication Information	13
SCAN Inc.....	54
Super Shot.....	54
St. Joseph Medical Group - OB/GYN & Pediatrics	44
Stop Smoking Programs	20
Teen Parenting	18
Text 4 Baby	16
Three Rivers Ambulance Authority	56
Tobacco Free Allen County	56
Turnstone	56
United Way 2-1-1	56
WIC Food and Nutrition Services.....	58
Women's Care Center	58
Women's Health Advantage.....	60
Women's Health Link	60



A two-month old baby girl has a checkup at the Family Medicine Center.



Want Help? Pregnancy Resource Centers



The Women's Care Center provides free ultrasounds and much more.

Several local agencies provide free and confidential counseling, support, education, medical assistance, and referrals to women and men facing pregnancies, planned and unplanned. These are great resources for new families seeking free and low-cost but high-quality care and assistance in preparing for the pregnancy and birth of a child.

The following listings will provide case management for clients. A case manager can help you develop an individualized plan to ensure a healthy pregnancy and birth. They will identify your unique needs and connect you to community resources and services.

PREGNANCY RESOURCE CENTERS

A Hope Center

www.AHopeCenter.org

See page 26
260-422-3544

Catholic Charities (ECHO)

www.ccfwsb.org

See page 34
260-422-5625

Healthier Moms & Babies

www.HealthierMomsAndBabies.org

See page 42
260-425-3348

Lutheran Social Services of Indiana (ECHO)

www.lssin.org

See page 46
260-426-3347

Women's Care Center

www.WomensCareCenter.org

See page 58
260-203-5476

Women's Health Link

www.WomensHealthLink.org

See page 60
260-203-2365



Need a Doctor? Medical Providers



A wellness check on a two-month-old child at the Family Medicine Center.

Being healthy before, during, and after your pregnancy is vital to the birth of a healthy newborn and your health after delivery. Selecting a provider and attending all your appointments is crucial to you and your baby.

Babies of mothers who do not get prenatal care are

3 times more likely
to have a low birth weight

5 times more likely
to die

than those born to mothers who do get care

Doctors can spot health problems early when they see mothers and babies regularly and are able to treat infections and other complications for a positive outcome. Early treatment can cure many problems and prevent others from occurring.

Government Insurance

Brightpoint - Covering Kids & Families - Enrollment Center

www.CoverYourKids.org
See page 32
260-425-6640

Neighborhood Health Clinics - Enrollment Center

www.nhci.org/enrollmentcenter/
See page 48
260-458-2641

PRENATAL AND FIRST YEAR MEDICAL PROVIDERS

Family Medicine Center

www.fwfmc.com
See page 40
260-423-2675

Lutheran Children's Hospital

www.LutheranHospital.com
See page 48
260-435-7338

Neighborhood Health Clinics

www.nhci.org
See page 48
260-485-2641

Parkview Children's Hospital

www.Parkview.com
See page 50
260-672-6100

Parkview Physicians Group OB-GYN

www.Parkview.com
See page 50
260-425-6650

St. Joseph Medical Group-OB/GYN and Pediatricians

www.StJoeHospital.com
See page 44
260-425-3100

Women's Health Advantage OB-GYN

www.HerAdvantage.com
See page 60
260-432-4400



Need to Talk? Addiction, Depression, and Stress



Good mental health is important during pregnancy and for good parenting.

Having a baby and taking care of a newborn is a huge change in anyone's life. Sometimes dealing with these new responsibilities can be stressful. Maintaining good mental health is a major part of having a successful pregnancy and adjustment to parenthood. The resources provided in this section will connect expecting mothers and new parents to providers that can help them have a successful outcome.



ADDICTION, DEPRESSION, AND STRESS

Bowen Center

www.BowenCenter.org

See page 32

1-800-342-5653

Headwaters Counseling

www.HeadwatersCounseling.org

See page 42

260-744-4326

Look Up Indiana

www.LookUpIndiana.org

See page 44

800-284-8439

Park Center

www.ParkCenter.org

See page 48

260-481-2700

Safe Medication Information

www.InfantRisk.com

Safe medication for pregnant and nursing women

806-352-2519



Need Things? Free Baby Supplies



Moms shopping at Crib Club in the Womens Care Center on East Wayne Street.

The cost of having a baby can be overwhelming for new parents. The good news is there are resources in the community who have free supplies for your infant. Everything from formula, diapers, and clothing to free parenting and CPR training classes. Several of the agencies listed here have “earn while you learn” systems that give participants free coupons for supplies after attending parenting classes or receiving pregnancy wellness checkups.

FREE BABY SUPPLIES

Crib Club

www.ChristChildSocietyFW.org

See page 34

260-432-6565

Earn While You Learn

www.AHopeCenter.org

See page 28

260-422-3528

A Baby's Closet

www.AssociatedChurches.org/ABabysCloset

See page 28

260-422-3528

WIC - Food and Nutrition Services

www.fns.usda.gov/wic

See page 58

260-458-2641

Three Rivers Ambulance Authority

www.traa-ems.com

Cribs and Safe Sleep

See page 56

260-420-6500

Gear Up Safety Program

Lutheran Social Services

www.lssin.org/our-programs/gear-up-program/

See page 44

260-426-3347



Want More Info? Best Apps & Websites



Get easy answers on your smartphone.

These electronic resources cover many topics for expectant mothers and new parents. They include everything from mental health assistance to learning what to expect at each stage of pregnancy as well as classes in your community. It can be easier and faster to get an idea of what you will expect in your first year by connecting online.

Apps

Baby Bump Pregnancy Pro

Has everything from a contraction timer to a handy birth planner.

Count the Kicks

Educating expectant parents about the importance of tracking baby movements during the third trimester of pregnancy

I'm Expecting

Has at least two new videos each week to show your baby's development.

BEST APPS & WEBSITES

My Pregnancy & Baby Today

Includes baby development tracking, a contraction tracker, and a place to track baby's first year to community forums.

Ovia

Includes personalized feedback based on your pregnancy stage, vital and daily statistics on your baby's development, and even a due date calculator.

Text 4 Baby

www.Text4Baby.org

Text BABY or BEBE for Spanish. Weekly texts with helpful information on prenatal care, parenting and more.

Websites

Babies Love

www.BabiesLove.org

Fort Wayne resources for pregnant women and new moms.

C.J. First Candle

www.CjFirstCandle.org

Information on safe sleep practices for infants and much more.

Infant Risk Center

www.InfantRisk.com

806-352-2519

Information on medication that can be safely used when pregnant and nursing.

Look Up Indiana

www.LookUpIndiana.org

A guide to resources and education on mental health for the whole family.

MOMS Helpline

884-624-6667

Indiana State Department of Health Service Specialists give referrals and information about prenatal and infant resources.



Best Local Services - Free & Low-Cost



Healthier Moms and Babies works with a new mom.

Expecting mothers, new parents, and family members have many questions and need support for a successful outcome to their pregnancy and the first year of life.

Within this section, you will find listings for free and low-cost services and professionals who can answer those questions and provide education to help with a smooth transition into parenthood. The resources and classes listed here can help you learn everything from how to put your baby to bed safely to parenting classes and CPR.

Teen Parenting

ECHO (Education Opportunity)

See pages 34; 38; 46

260-422-4525 or 260-426-3347

SCAN - Be Someone Now (Get Your GED)

See page 54

260-421-5000

BEST LOCAL SERVICES - FREE & LOW-COST

Food Nutrition & Breastfeeding

Food and Nutrition

WIC - Free Foods and Nutrition Services

fns.usda.gov/wic

See pages 58

260-458-2641

United Way 2-1-1 (Nearby Food Banks)

See page 56

260-744-0711 or 877-502-0700

Breastfeeding

La Leche League

See pages 42

260-744-0711 or 877-502-0700

WIC - Free Foods and Nutrition Services

fns.usda.gov/wic

See pages 58

260-458-2641

HIV, STD & STI Testing

A Hope Center - Free

See pages 28

260-422-3544

Fort Wayne Allen County Department of Health

See pages 30

260-449-7504

Positive Resource Connection

See pages 52

260-744-1144



Stop Smoking Programs

Baby & Me Tobacco Free - Healthier Moms & Babies

See page 42
260-425-3348

Freedom from Smoking - Parkview Health

See page 52
260-266-2474

Quit Now Indiana

See page 52
1-800-QUIT-NOW

Tobacco Free Allen County

See page 56
260-760-7555

Prenatal Vitamins

Neighborhood Health Clinics

See page 48
260-458-2641

Women's Care Center

See page 58
260-424-9377

Special Pregnancy Needs

Natural Family Planning and Spacing

A Hope Center

See page 28
260-422-3544

Diocese of Fort Wayne-South Bend

See page 36
574-234-0687

Lafayette Street Family Health Clinic

See page 42
260-481-0400

Neighborhood Health Clinics

See page 48
260-458-2641

Women's Care Center

See page 58
260-424-9377

Crisis Nurseries

Department of Child Services

See page 34
260-458-6100

Safe Families Children

See page 52
260-627-9002

SCAN - Daybreak Crisis Homes

See page 54
260-421-5000



BEST LOCAL SERVICES - FREE & LOW-COST

Early Care for Children with Disabilities & Delays

First Steps

See page 40

877-494-5115

Turnstone

See page 56

260-483-2100

Gigi's Playhouse

See page 40

260-482-7529

Post Abortion-Miscarriage Support

A Hope Center

See page 28

260-422-3544

Catholic Charities

See page 34

260-422-5625

Project Rachel

See page 52

855-722-4354 or 855-RACHEL HOPE

Women's Health Link (group setting)

See page 60

260-203-2365

BEST LOCAL SERVICES - FREE & LOW-COST

Difficult Prenatal Diagnosis

Downs Syndrome Association of Northeast Indiana

See page 36

260-471-9964

Miriam's Blessings

See page 46

574-234-0687

Adoption

Catholic Charities

See page 34

260-422-5625

Women's Care Center with the Adoption Support Center, Inc.

See page 58

260-424-9377



Parenting Classes

Newborn Care Classes

A Hope Center

See page 28
260-422-3544

Early Childhood Alliance

See pages 38
260-745-2501

Lutheran Health Network Hospitals

See page 44
260-435-7338

Healthier Moms & Babies

See page 42
260-425-3348

SCAN - Healthy Families

See page 54
260-421-5000 and 800-752-7116

Women's Care Center

See page 58
260-424-9377

CPR

American Heart Association

See page 30
877-242-4277

American Red Cross

See page 30
260-484-9336

Three Rivers Ambulance Authority

See page 56
260-420-6500

Safe Sleep

First Candle - Online Class

See page 17
www.CjFirstCandle.org

Parkview Health

See page 50
260-672-6100

Three Rivers Ambulance Authority

See page 56
260-420-6500

March of Dimes

See page 46
260-482-4201



Childcare

Brightpoint/Early Head Start

See page 32
800-589-2264

Early Childhood Alliance

See page 38
260-745-2501

Immunization

Allen County Department of Health

See page 30
260-449-7504

Neighborhood Health Clinics

See page 48
260-485-2641

Super Shot

See page 54
260-424-7468

Your Primary Care Giver

Grief Services



Bereavement counseling can help parents heal from the death of a child.

While we would like to have a successful outcome to our pregnancies, sometimes things are out of our control. To assist parents through these difficult times, we have also provided the following resources that can help parents recover from the loss of an infant and even offer support and counseling for those who wish to have another child.

Forget-Me-Not Bereavement Program

www.LutheranChildrensHospital.com/Forget-Me-Not-Program

See page 44
260-435-2699

Healing Hearts

See page 50
260-266-1470

Miriam's Blessing

www.DioceseFWSB.org/Miriams-Blessing

See page 46
260-422-4611

Pregnancy After Loss Support (PALS)

See page 44
260-416-5854

Project Rachel

www.DioceseFWSB.org/ProjectRachel

See page 52
855-Rachel Hope



Organization/Agency	Services	Hours	Fees	Eligibility
A Baby's Closet <i>A program of Associated Churches</i> 4800 S. Calhoun St. Fort Wayne, IN 46807 260-422-3528 www.AssociatedChurches.org/ABabysCloset	<ul style="list-style-type: none"> Provides essential baby items to safely care for children Opportunities to earn coupons to be redeemed for clothing, a crib, car seat, and baby supplies 	M 2PM-5PM W 2PM-5PM	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> Must be pregnant or have an infant or toddler and live in Allen County Must be receiving services from a participating service provider
A Hope Center www.AHopeCenter.org 3630 Hobson Rd. Fort Wayne, IN 46815 260-422-3544 <i>(Answered 24 hours a day)</i> ----- 3701 S. Calhoun St. Fort Wayne, IN 46807 260-969-HELP (4357) <i>(Answered 24 hours a day)</i> ----- 4705 Illinois Rd., Suite 115 Fort Wayne, IN 46804 260-969-6633 <i>(Answered 24 hours a day)</i> ----- 13410 Main St. Grabill, IN 46740 260-627-2242 <i>(Answered 24 hours a day)</i>	At all locations: <ul style="list-style-type: none"> Free pregnancy testing Free STD testing with a pregnancy test Free first-trimester ultrasound (limited) Education on sexually transmitted diseases(STDs) Medically accurate education about pregnancy options Referrals to Medicaid, doctors, professional counseling, and other community resources Earn While You Learn: Baby and maternity supplies rewarded for learning about your pregnancy and baby. Pregnancy and healthy relationships peer counseling Education on parenting, healthy pregnancy, and life skills (one-on-one and group settings) Fatherhood program Peer counseling and support for healing after abortion 	M 9AM-5PM T 9AM-8PM W TH 9AM-5PM Bus Route: 4/Parkview ----- M 10AM-8PM T W 10AM-5PM F 10AM-3PM Bus Route: 8/Calhoun ----- M T 10AM-5PM TH 10AM-8PM SAT 10AM-3PM *1st and 3rd Sat. of the month Bus Route: 2/Times Corner ----- SAT 4PM-7PM *1st and 3rd of the month	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> Valid photo ID is needed (does not have to be U.S. government-issued) It is best to call for appointment, but walk-ins are welcome



Organization/Agency	Services	Hours	Fees	Eligibility
A Baby's Closet <i>A program of Associated Churches</i> 4800 S. Calhoun St. Fort Wayne, IN 46807 260-422-3528 www.AssociatedChurches.org/ABabysCloset	<ul style="list-style-type: none"> Provides essential baby items to safely care for children Opportunities to earn coupons to be redeemed for clothing, a crib, car seat, and baby supplies 	M 2PM-5PM W 2PM-5PM	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> Must be pregnant or have an infant or toddler and live in Allen County Must be receiving services from a participating service provider
A Hope Center www.AHopeCenter.org 3630 Hobson Rd. Fort Wayne, IN 46815 260-422-3544 <i>(Answered 24 hours a day)</i> ----- 3701 S. Calhoun St. Fort Wayne, IN 46807 260-969-HELP (4357) <i>(Answered 24 hours a day)</i> ----- 4705 Illinois Rd., Suite 115 Fort Wayne, IN 46804 260-969-6633 <i>(Answered 24 hours a day)</i> ----- 13410 Main St. Grabill, IN 46740 260-627-2242 <i>(Answered 24 hours a day)</i>	At all locations: <ul style="list-style-type: none"> Free pregnancy testing Free STD testing with a pregnancy test Free first-trimester ultrasound (limited) Education on sexually transmitted diseases(STDs) Medically accurate education about pregnancy options Referrals to Medicaid, doctors, professional counseling, and other community resources Earn While You Learn: Baby and maternity supplies rewarded for learning about your pregnancy and baby. Pregnancy and healthy relationships peer counseling Education on parenting, healthy pregnancy, and life skills (one-on-one and group settings) Fatherhood program Peer counseling and support for healing after abortion 	M 9AM-5PM T 9AM-8PM W TH 9AM-5PM Bus Route: 4/Parkview ----- M 10AM-8PM T W 10AM-5PM F 10AM-3PM Bus Route: 8/Calhoun ----- M T 10AM-5PM TH 10AM-8PM SAT 10AM-3PM *1st and 3rd Sat. of the month Bus Route: 2/Times Corner ----- SAT 4PM-7PM *1st and 3rd of the month	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> Valid photo ID is needed (does not have to be U.S. government-issued) It is best to call for appointment, but walk-ins are welcome



Organization/Agency	Services	Hours	Fees	Eligibility
Allen County Department of Health 4813 New Haven Ave. Fort Wayne, IN 46803 260-449-7504 www.AllenCountyHealth.com	<ul style="list-style-type: none"> • Childhood and Adult immunizations • Sexually Transmitted Diseases (STD) Testing • Confidential AIDS/HIV testing • Patient education/information • Case management & referrals • Limited interpretation services available. Hours vary. Call to request/confirm that services are available. 	M-F 8AM-12PM 1PM-4:30PM Bus Route: 10/New Haven	<ul style="list-style-type: none"> • Minimal fees charged • Donations accepted • Dispense medication on-site as needed for clients undergoing treatment 	<ul style="list-style-type: none"> • Valid government-issued ID needed • No one refused services • Anyone over age 13 • Limited walk-ins • Visits by appointment only
American Heart Association 6500 Technology Dr. Suite 100 Indianapolis, IN 46278 ECC/CPR Trainings 877-242-4277 www.Heart.org	<ul style="list-style-type: none"> • Provides referrals to certified emergency cardiovascular care (ECC) courses, including basic first aid and CPR classes for new parents 	24/7 Online M-F 8:30AM-5PM	<ul style="list-style-type: none"> • Free for information and referral • Course costs vary 	<ul style="list-style-type: none"> • Open
American Red Cross 1212 E. California Rd. Fort Wayne, IN 46825 260-484-9336 www.RedCross.org	<ul style="list-style-type: none"> • Offers a variety of safety training courses for new parents • Courses available in traditional classroom setting, online, or through partnering workplace 	M-F 8AM-5PM Bus Route: 1/Waynedale via Broadway, Northcrest Class days and times vary	<ul style="list-style-type: none"> • Free for information and referral • Course costs vary 	<ul style="list-style-type: none"> • Varies by class
BabiesLove.org <i>A program of McMillen Health</i> www.BabiesLove.org	An online guide to local resources for pregnancy including: <ul style="list-style-type: none"> • Where to get a free pregnancy test • Someone to talk to-live or text chat • How to find a doctor /insurance • The best pregnancy Apps 	24/7 Online	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • None



Organization/Agency	Services
Bowen Center 2100 Goshen Rd. Fort Wayne, IN 46808 1-800-342-5653 (24-hr crisis line) www.BowenCenter.org Spanish and Burmese available. Hours vary. Call to request.	<ul style="list-style-type: none"> • Substance abuse and mental health counseling • Outpatient services • Home-based/school-based rehabilitation • Individual and group therapy • Medication assisted treatment • Psychiatric medication management
Brightpoint 227 E. Washington Blvd. #1 Fort Wayne, IN 46802 260-423-3546 800-589-3506 www.MyBrightpoint.org 24-Hour Appointment Line: 800-589-2264 *Child Care, Covering Kids and Families, and Head Start appointments only - - - - -	Covering Kids and Families (CKF): <ul style="list-style-type: none"> • Enrolling in health insurance through Presumptive Eligibility for pregnant women, Medicaid, HIP and Market place. Early Head Start: <ul style="list-style-type: none"> • Home-based program for pregnant women, infants, and toddlers up to age 3 with emphasis on healthy pregnancy, child development, education, family self-sufficiency, parenting skills, and a smooth transition into preschool. Head Start: <ul style="list-style-type: none"> • Comprehensive pre-school program that provides education, health, nutrition, and other social services for low-income children, ages 3-5, and their families. Childcare Assistance: <ul style="list-style-type: none"> • Helps families afford quality childcare for children younger than 13 whose parents are working, going to school, or receiving job training. Family Development: <ul style="list-style-type: none"> • Provides holistic, in-home services that help identify a family's strengths, desires, and goals in which participants develop action plans that focus on achieving self-sufficiency.
Covering Kids and Families Presumptive Eligibility for Pregnant Women (CKF-PEPW) 1818 Carew St., Suite 310 Fort Wayne, IN 46805 260-425-6640	



Hours	Fees	Eligibility
M-TH 8AM-7PM F 8AM-5PM Bus Route: 9/Gateway	<ul style="list-style-type: none"> • Based on ability to pay • Medicaid and insurance welcome • Health Navigators on site to assist with insurance enrollment 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Call for appointment
M-TH 7AM-7PM F 8AM-5PM *Hours for programs may vary * CKF Walk in TH 9AM-4PM - - - - -	<ul style="list-style-type: none"> • Health insurance enrollment assistance is free • Most programs are free or low-cost. Each program has specific eligibility requirements. 	<ul style="list-style-type: none"> • CKF eligibility varies by age, family size, and income. Services in Allen, DeKalb, Elkhart, Kosciusko, Huntington, LaGrange, Noble, Steuben, Wabash, and Whitley Counties. • Early Head Start for pregnant women and children (under 3), in Allen, Noble, and Whitley counties. Family income at or below 100% of federal poverty guidelines. • Childcare Assistance, a completed application is required to be put on a waiting list, parents must be working and/or in school, and must select an approved child care provider. • Family Development for families at or below 200% of the poverty guidelines, and must contact Family Development Department to complete referral
M-TH 8AM-6PM Bus Route: 4/Wells		



Organization/Agency	Services	Hours	Fees	Eligibility
Catholic Charities 915 S. Clinton St. Fort Wayne, IN 46802 260-422-5625 www.ccfwsb.org	Education Creates Hope and Opportunity (ECHO): <ul style="list-style-type: none"> • Case management services for pregnant and/or parenting teens and young adults to assist in obtaining high school education or pursuing further education Pregnancy and Parenting Services: <ul style="list-style-type: none"> • Free, confidential counseling and support for women experiencing an unexpected pregnancy • Adoption services 	M-TH 8AM-5PM F 8AM-12PM Bus Route: 2/Time Corners	• Free	• No U.S. government-issued ID needed
Christ Child Society of Fort Wayne 260-432-6565 www.ChristchildSocietyFW.org	<ul style="list-style-type: none"> • Layettes to Newborns • Coats for Kids • Backpacks for Foster/displaced children Crib Club Stores <ul style="list-style-type: none"> • Parents spend coupons earned for clothing, and baby supplies. *Located in Womens Care Center. See page 58 	Call for more information	• Free	• Need-based
Department of Child Services 201 East Rudisill Blvd. Suite 200 Fort Wayne, IN 46806 260-458-6100 www.in.gov/dcs	Child Protective Services (CPS): <ul style="list-style-type: none"> • Investigates reports of suspected child abuse or neglect and takes action on substantiated cases Special Needs Adoption Program: <ul style="list-style-type: none"> • Offers information, support, and placement services to persons interested in adopting hard-to-place Indiana children Foster Care: <ul style="list-style-type: none"> • Places children who are wards of the court into temporary foster homes and recruits, licenses, and supervises foster parents • Foster care is intended to provide a safe, nurturing, stable, and temporary environment for children who can no longer remain in their homes due to risk of abuse or neglect 	County office: M-F 8AM-4:30PM Bus Route: 5/Southeast Local 8/Calhoun	• Free	• Open



Organization/Agency	Services
Diocese of Fort Wayne-South Bend 915 S. Clinton St. Fort Wayne, IN 46802 574-234-0687 Natural Family Planning 260-422-4611 www.DioeceseFWSB.org/Family	Natural Family Planning Program: <ul style="list-style-type: none"> • Natural family planning provides a healthy, highly-effective method of family planning for a very low cost and with no harmful side effects • Must attend all three sessions in series to be fully instructed • Register online at least one week in advance
Miriam's Blessing 574-234-0687 www.DioeceseFWSB.org/Miriams-Blessing	Miriam's Blessing: <ul style="list-style-type: none"> • Comprehensive support to parents who receive a difficult prenatal diagnosis, have suffered a perinatal loss, and support before, during, and after birth
Project Rachel 855-722-4354 855-RACHEL HOPE www.DioeceseFWSB.org/ProjectRachel/	Project Rachel: <ul style="list-style-type: none"> • A post-abortion reconciliation program offered by the Diocese of Fort Wayne-South Bend • All faiths are welcome • Counseling referrals • Support groups • Trained companions to walk the journey with individuals
Down Syndrome Association of Northeast Indiana 3320 N. Clinton St. Fort Wayne, IN 46805 260-471-9964 www.dsani.org	Outreach Program: resource materials to new parents after receiving a diagnosis of Down Syndrome for their child <ul style="list-style-type: none"> • Support, educational workshops, activities and more through the life cycle



Hours	Fees	Eligibility
Classes: 7PM-9PM St. Vincent 1502 E. Wallen Rd. Sept. 8, 22, Oct. 13 St. Elizabeth Ann Seton 10700 Aboite Center Rd. Nov. 7, 21, Dec 12 Call for 2018 class dates & locations	• \$40 per couple, may be discounted to \$20 due to financial need	• Must be engaged or married couple
Miriam's Blessing: Call for more information	• Free	• All are eligible
Project Rachel: Call for more information	• Free • Professional counseling services often provided at a reduced fee	• All are eligible
M-F 8AM-5PM Bus Routes: 3/Village Woods 8/Calhoun	• Free	• Call for an appointment



Organization/Agency	Services
Early Childhood Alliance 3320 Fairfield Ave. Fort Wayne, IN 46807 260-745-2501 www.ECAlliance.org	Childcare Referrals: <ul style="list-style-type: none"> Assists parents in finding childcare that matches their individual needs <hr/> Parenting Education: <ul style="list-style-type: none"> Prenatal and early childhood parent education program designed to enhance child development and school achievement Child receives free health, vision, hearing, and developmental screening Spanish available <hr/> Specialized Information and Referral: <ul style="list-style-type: none"> Assists special-needs children and their families by providing information, peer support, and education Assists parents with children ages 0-3 in their search for quality childcare, concerns about current child care, and with information on infant-toddler development, milestones, behavior, and safe sleeping practices
ECHO Education Creates Hope and Opportunity Catholic Charities 915 S. Clinton St. Fort Wayne, IN 46802 260-422-4525 www.ccfwsb.org	<ul style="list-style-type: none"> Case management services to pregnant and/or parenting teens and young adults, to assist in obtaining high school education or pursuing further education Assess barriers to achieve school success and attendance Ensure healthcare needs are addressed Develop short and long-term school and life goals Connect the client to necessary community resources
Lutheran Social Services 333 E. Lewis St. Fort Wayne, IN 46802 260-426-3347 www.lssin.org	



Hours	Fees	Eligibility
M-TH 7:30AM-5:30PM F 7:30AM-11:30AM <hr/> M-F 8AM-5PM <hr/> M-TH 7:30AM-5:30PM F 7:30AM-11:30AM Bus Route: 3/Canterbury via IPFW, Village Woods	• Free	• Call for more information
Call or check websites for hours Bus Route: 2/Times Corners <hr/> Bus Route: 7/Anthony 8/Calhoun 10/New Haven	• Free	• No U.S. government-issued ID needed • Pregnant and/or parenting teens and young adults



Organization/Agency	Services
Family Medicine Center 750 Broadway, Suite 350 Fort Wayne, IN 46802 260-423-2675 www.fwmep.edu	<ul style="list-style-type: none"> • Primary medical care • Pregnancy and childbirth (Obstetrics/OB) • Chronic disease testing and management • Patient education • Interpretation available

First Steps
A program of Indiana Family and Social Services, Bureau of Child Development Services
 North Central Indiana
 201 E. Rudisill Blvd.
 Fort Wayne, IN 46806
 260-444-2994

 Toll Free:
 877-494-5115

www.IndianaFirstSteps.org

Children can receive treatment for developmental delays including:

- Assistive technology services
- Diagnostic medical services
- Family education
- Health services
- Nursing services
- Occupational therapy
- Psychological services
- Service coordination
- Social work services
- Special instruction/developmental therapy
- Speech-language pathology
- Vision service

GiGi's Playhouse Fort Wayne
 6081 N. Clinton St.
 Fort Wayne, IN 46825
 260-482-7529

www.GiGisPlayhouse.org/FortWayne

- Affective, attention, cognitive development
- Family involvement
- Fine motor and gross motor development
- Parent education
- Physical and social development
- Speech and language development

Hours	Fees	Eligibility
M-W 8AM-5PM TH 8AM-12PM F 8AM-5PM Bus Routes: 1/Waynedale via Broadway, Northcrest 6/McKinnie/Franke Pk 9/Brooklyn/Taylor	<ul style="list-style-type: none"> • Payment arrangements for self-pay • Patient assistance in applying for reduced-fee prescriptions • Medication Formulary with low-cost alternatives 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Call to schedule appointment

Office Hours:
M-F 8AM-4:30PM

 In-home therapy by appointment

 Bus Routes:
 5/Southeast Local, Southgate Plaza

- All insurance welcome
- Referred by primary physician
- Referred by a Social Worker
- Self-referred
- Children, aged birth to 3 years
- Child has diagnosed development delays
- Adams, Allen, Grant, Huntington, Miami, Wabash, and Wells Counties

Call or check website for hours

- Free
- Call for more information



Organization/Agency	Services
Headwaters Counseling <i>Formerly Family & Children's Services</i> 2712 S. Calhoun St. Fort Wayne, IN 46807 260-744-4326 www.HeadwatersCounseling.org	<ul style="list-style-type: none"> • Mental health counseling for all ages/issues • Outpatient services addressing addiction issues for individuals and their families that are low, medium, or high risk for abuse • Relapse Prevention for those who have completed treatment previously. Women In Recovery program available too.
Healthier Moms & Babies Medical Office Building 800 Broadway, Suite 316 Fort Wayne, IN 46802 260-425-3348 www.HealthierMomsAndBabies.org	<ul style="list-style-type: none"> • Health education and case management during pregnancy until the baby turns 2 months old • Spanish and Burmese interpretation available for home visits. Hours vary. Call to request/confirm that services are available. • Pregnancy clinics offered in community locations. Call for more information. • Baby & Me, Tobacco Free Program
La Leche League of Fort Wayne Helpline 260-625-2010 Leave a voice message and receive a call back within 24 hours. www.llli.org	<ul style="list-style-type: none"> • Support for breastfeeding mothers by phone and at monthly meetings • La Leche League Leaders are experienced mothers who breast fed their own babies and who have been trained and accredited by La Leche League International to help mothers and mothers-to-be with all aspects of breast feeding
Lafayette Street Family Health Clinic 2700 S. Lafayette St. Fort Wayne, IN 46806 260-481-0400 www.IPFW.edu/Family-Clinic	<ul style="list-style-type: none"> • Pregnancy testing (sliding fee) • Gynecological exams • Pap tests • Breast exams • Natural family planning



Hours	Fees	Eligibility
M-TH 8AM-8PM F 8AM-12PM Bus Routes: 3/Village Woods 8/Calhoun	<ul style="list-style-type: none"> • Based on ability to pay • Health Insurance Navigators will assist individuals with enrollment, free of charge 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Call for appointment
M-F 9AM-5PM Pregnancy Clinics: 1st SAT 11AM-1PM 3rd W 4PM-7PM Bus Routes: 1/Waynedale via Broadway, Northcrest 6/McKinnie/Franke Pk 9/Brooklyn/Taylor	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Pregnant women before the 30th week • Allen County residents • Call for appointment
2nd W 10AM Location varies: Call a group leader for location details. 3rd TH 7PM Grassroots Baby 2602 W. State Blvd Fort Wayne, IN 46808	<ul style="list-style-type: none"> • Free • Donations appreciated 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Mothers and mothers-to-be (including adoptive mothers)
M 8AM-7PM T 8AM-4:30PM W 8AM-5PM TH 8AM-4:30PM F 8AM-12PM	<ul style="list-style-type: none"> • Fees vary • Sliding scale fees based on income 	<ul style="list-style-type: none"> • Walk-ins accepted for pregnancy tests only • Call for an appointment



Organization/Agency	Services
Look Up Indiana <i>An initiative of The Lutheran Foundation</i> For immediate help 24/7 800-284-8439 Text LOOKUP to 494949 Chat online: www.LookUpIndiana.org	Online list of services, care providers and resources: <ul style="list-style-type: none"> • Mental health • Opioids • Parent section covers physical, mental and emotional health • Videos, articles, and facts available through the website
Lutheran Health Network (LHN) www.LutheranHealth.net	<ul style="list-style-type: none"> • Classes: Prenatal Care, Childbirth, Newborn Care, Grandparents, Siblings, Infant Care, Mood Changes & Moms, Safe Sitter. All locations. • Car Seat Services: Car seat safety checks at Lutheran and Dupont only • Safe Sleep: Cribs for Kids Lutheran, Dupont only • Breastfeeding Support Services: Lutheran and Dupont only
The Birthplace at Lutheran Hospital and Lutheran Children's Hospital 7950 W. Jefferson Blvd. Fort Wayne, IN 46804 260-435-7338 LutheranHospital.com	<ul style="list-style-type: none"> • Baby Blues & Post-Partum Depression-Mood Changes: Lutheran Hospital only, 260-435-7069 • Birth Planning Services: Available at all LHN Facilities • OB/GYN & Pediatrician Services: Available at St. Joseph Hospital
The Birthplace at Dupont Hospital 2520 E. Dupont Rd. Fort Wayne, IN 46825 260-416-3042 TheDupontHospital.com	<ul style="list-style-type: none"> • Monarch Program: Maternal, OB, Newborn Care, Addiction Recovery, Comprehensive Health, 260-425-3106 • Forget-Me-Not Bereavement Program: Including coping with death, stages of grief, memory and healing activities, mourner's bill of rights www.LutheranChildrenHosp.com/Forget-Me-Not-Program • Pregnancy After Loss Support (PALS): Information and support to ease fears about a pregnancy after the loss of a baby, Dupont Hospital 260-416-5854
The Birthplace at St. Joseph Hospital 700 Broadway Fort Wayne, IN 46802 260-426-2229 StJoeHospital.com	
St. Joseph Medical Group OB/GYN & Pediatricians 700 Broadway Fort Wayne, IN 46802 260-425-3100 StJoeHospital.com On-site interpreter services available	



Hours	Fees	Eligibility
24/7	• Free	• All are eligible
24/7 Bus Route: 22/West Jefferson/Lutheran	<ul style="list-style-type: none"> • Free breastfeeding support groups • Free car seat inspections (car seat purchase options available) • Free safe sleep • Free baby blues & Post-Partum Depression 	• All are eligible
Bus Route: 21/Glenbrook/Coldwater/Dupont	<ul style="list-style-type: none"> • Free Childbirth & New Born Classes • Insurance coverage, Case Management, WIC 	
Bus Routes: 1/Waynedale via Broadway, Northcrest 6/McKinnie/Franke Pk 9/Brooklyn/Taylor		
Bus Routes: 3/Village Woods 6/McKinnie/Franke Pk 8/Calhoun 9/Brooklyn/Taylor	• Free	



Organization/Agency	Services	Hours	Fees	Eligibility
Lutheran Social Services 333 E. Lewis St. Fort Wayne, IN 46802 260-426-3347 www.lssin.org	Education Creates Hope and Opportunity (ECHO): <ul style="list-style-type: none"> • Case management services to pregnant and/or parenting teens and young adults, to assist in obtaining high school education or pursuing further education. Gear-up Safety Program: <ul style="list-style-type: none"> • Provides families with safety items, making home safe for children • Adoption services • Interpretation services upon request 	M-TH 8AM-5PM F 8AM-12PM Bus Routes: 10/New Haven 7/Anthony 8/Calhoun	• Free	• Call for appointment
March of Dimes 303 Stable Dr. Fort Wayne, IN 46825 260-482-4201 www.MarchOfDimes.org/Indiana	<ul style="list-style-type: none"> • Prenatal education • Newborn screening education • Infant/child vaccination education 	Call for more information	Call for more information	Call for more information
Miriam's Blessing 574-234-0687 www.DioceseFWSB.org/Miriams-Blessing	<ul style="list-style-type: none"> • Comprehensive support to parents who receive a difficult prenatal diagnosis, have suffered a perinatal loss, and provides support before, during, and after birth 	Call for more information	• Free	• All are eligible
MOMS HELPLINE <i>Indiana State Department of Health</i> 884-624-6667 www.IN.gov/isdh/21047.htm	Helpline specialists give information and referrals including: <ul style="list-style-type: none"> • Insurance, educational resources, medical providers, infant health programs, and more 	M-F 9AM-5PM	• Free	• All are eligible
A Mother's Hope www.AMothersHopeFW.org *Opening March 2018	<ul style="list-style-type: none"> • Shelter for pregnant women who are homeless or at-risk of being homeless • Support and guidance to residents in the areas of shelter, health of mother and baby, support/spiritual, education, employment, and life skills 	M-F 8AM-5PM	• Free	<ul style="list-style-type: none"> • Pregnant women who are homeless or at risk of being homeless • Must follow the rules and structure of the home • Must be committed to living drug, alcohol, and tobacco free



Organization/Agency	Services
Neighborhood Health Clinics www.nhci.org 1717 S. Calhoun St. Fort Wayne, IN 46802 260-458-2641 ----- 3350 E. Paulding Rd. Fort Wayne, IN 46816 260-441-9752	<ul style="list-style-type: none"> • Medical care for adults and children • Family practice • Pregnancy and childbirth (Obstetrics/OB), ultrasounds, women's health • Pediatrics/children • Lab tests at Calhoun St. location; and Paulding Rd. Monday and Thursday only • Patient assistance in applying for reduced-fee prescriptions • Medication formulary with low-cost alternatives • Interpretation in various languages available upon request. Hours vary. Call to request/confirm that services are available. • Optometry services available. Call for information.

Park Center <i>Main Office</i> 909 E. State Blvd. Fort Wayne, IN 46805 260-481-2700 Toll free: 866-481-2700 After-hours emergency services: 260-471-9440 www.ParkCenter.org	Mental Health Services for all ages: <ul style="list-style-type: none"> • 24-Hour crisis intervention and stabilization • Outpatient services • Residential programs • Case management • Evaluation and testing • Home-based services • Addiction services • Court-ordered services • Dispensary of low-cost medications on site, as needed, for clients undergoing treatment • Patient assistance in applying for reduced-fee prescriptions through on-site pharmacy • Interpretation is available in multiple languages upon request
---	--

Hours	Fees	Eligibility
M 8AM-7PM T 8AM-5PM W 8AM-7PM TH F 8AM-5PM Bus Routes: 3/Village Woods 6/McKinnie/Franke 8/Calhoun 9/Brooklyn/Taylor ----- M T 8AM-5PM W 10AM-7PM TH F 8AM-5PM Bus Route: 3/Village Woods	<ul style="list-style-type: none"> • Sliding fee available for uninsured • Insurance welcome, but not required • Medicaid and Medicare accepted 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • If uninsured, bring proof of household income • If insured, bring insurance card

M-F 8AM-5PM *Saturday and evening hours by appointment Bus Route: 3/Canterbury	<ul style="list-style-type: none"> • Based on ability to pay • Medicaid and other forms of insurance accepted • Trained professionals to help clients enroll in health insurance at 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Call for appointment • Walk-ins accepted
--	--	--

Main Campus:
 909 E. State Blvd.
 Fort Wayne, IN 46805

Carew Location:
 1909 Carew St.
 Fort Wayne, IN 46805



Organization/Agency	Services	Hours	Fees	Eligibility
Parkview Health www.Parkview.com www.ParkviewMom.com Parkview Women's and Children's Hospital Family Birthing Center 11115 Parkview Plaza Dr. Entrance 2B. Fort Wayne, IN 46845 260-672-6100 -----	<ul style="list-style-type: none"> • Insurance - Presumptive eligibility • Prenatal care • <i>Centering Pregnancy</i> group care • Birth planning services • Classes (Preparing for Childbirth, Basics and Beyond Parenting, Breastfeeding, Pet-Friendly, Grandparents, Sibling, Multiples, Dad's Boot Camp) • Labor and delivery • Breastfeeding support 	24/7 Bus Route: 15/MedLink to Parkview Regional Medical Center (PRMC) and Parkview Randallia	<ul style="list-style-type: none"> • Birth planning, classes, car seat checks, and breastfeeding support are free of charge 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed
Parkview Hospital Randallia Family Birthing Center 2200 Randallia Dr. Fort Wayne, IN 46805 260-373-6830 -----	<ul style="list-style-type: none"> • Family planning • Sexually Transmitted Disease screening and treatment • Well woman exam 			
Parkview Physicians Group OB/GYN – physicians and certified nurse midwives 260-425-6650 11123 Parkview Plaza Dr. Fort Wayne, IN 46845 1818 Carew St., Suite 300 Fort Wayne, IN 46805 8028 Carnegie Blvd., Suite 200 Fort Wayne, IN 46804 -----	<ul style="list-style-type: none"> • Car seat safety checks, please call 260-373-6900 for an appointment • On-site interpreter services are available for birth planning and hospital stays 			
Parkview Regional Medical Center (PRMC) Chaplaincy Suite, 2nd floor 11109 Parkview Plaza Dr. Entrance 1 Fort Wayne, IN 46845 260-266-1470	<ul style="list-style-type: none"> • Healing Hearts: Support for parents and families who have experienced the loss of a baby 	3rd T 6:30PM-8PM Bus Route: 15/MedLink to PRMC	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed



Organization/Agency	Services	Hours	Fees	Eligibility
Parkview Neighborhood Health Center 3350 E. Paulding Rd. Fort Wayne, IN 46806 260-266-2474	<ul style="list-style-type: none"> • Freedom from Smoking Program: Weekly classes to teach effective ways to stop the habit. <ul style="list-style-type: none"> • Set goals and learn relaxation techniques • Learn about options to reduce cravings 	Check Parkview-Community Calendar for date, times and locations Call to register	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • All are eligible
Positive Resource Connection <i>Formerly AIDS Task Force</i> 525 Oxford St. Fort Wayne, IN 46806 260-744-1144 800-417-3085 www.PositiveResourceConnection.org	<ul style="list-style-type: none"> • Free HIV testing • Education, prevention, testing and risk reduction counseling • Financial assistance for HIV positive individuals, for those who qualify • Syringe Services Program (needle exchange) in conjunction with the Fort Wayne-Allen County DOH, 519 Oxford Street door • Spanish and Burmese available. Call to request/confirm services 	HIV Testing: M-F By appointment Walk-ins: F 2PM-4:30PM Programs: M 8:30AM-5PM Syringe Services Program: T 5PM-8PM Bus Route 6/McKinnie	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Programs are for HIV positive individuals • Education, prevention, testing and risk reduction counseling are for general population • Call for more information
Project Rachel 855-722-4354 855-RACHEL HOPE www.DioceseFWSB.org/ProjectRachel/	<ul style="list-style-type: none"> • A post-abortion reconciliation program offered by the Diocese of Fort Wayne-South Bend • All faiths are welcome • Counseling referrals • Support groups • Trained companions to walk the journey with individuals 	Call for more information	<ul style="list-style-type: none"> • Free • Professional counseling services often provided at a reduced fee 	<ul style="list-style-type: none"> • All are eligible
Quit Now Indiana 800-QUIT-NOW 800-784-8669 www.QuitNowIndiana.com	<ul style="list-style-type: none"> • Phone-based counseling service that helps Indiana smokers quit • One-on-one coaching for tobacco users who have decided to quit 	Daily 24/7	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • Age 18 and older
Safe Families 260-627-9002 www.InSafeFamilies.org	<ul style="list-style-type: none"> • Crisis and respite care for children whose parents are temporarily unable to care for them due to a short-term emergency 	M-F 9AM-4:30PM	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • Be ready to explain family situation, provide children's medical background and Medicaid number, and to give a medical power of attorney



Organization/Agency	Services
SCAN 500 W. Main St. Fort Wayne, IN 46802 260-421-5000 800-752-7116 www.ScanFW.org	<ul style="list-style-type: none"> • Healthy Families: Parent assistance and training for families with newborns up to 90 days old • Daybreak Crisis Homes: Emergency, short-term respite for children under age 11 • Community Partners for Safe Families: (Network for Safe Families) In-home case management for parents struggling with issues that could lead to neglect or hurt • Education Services: Workshops on preventing child abuse and neglect, bullying and gun safety for children ages 3-18 and adults • Be Someone Now: Education, guidance, and support for 16-25 year olds • Father Engagement: Provided to dads who are referred by DCS or Probation when the father is not engaged with the child(ren)

Super Shot Clinic locations vary 260-424-7468 (voicemail only) www.SuperShot.org	<ul style="list-style-type: none"> • Community immunization clinics • Convenient, family-friendly sites • Immunizations and flu shots available for children ages birth through 18 • Immunizations available for adult populations ages 19 and older • Spanish and Burmese interpreters available at several clinics
---	---

Hours	Fees	Eligibility
M-F 8AM-8PM SAT 10AM-2PM *Hours vary by program 24-hour emergency coverage Select programs available 7 days a week Call for information Bus Route: 9 Brooklyn/Taylor St. Francis Gateway	<ul style="list-style-type: none"> • Free • Some programs have a fee. Call for information. 	<ul style="list-style-type: none"> • U.S. government-issued ID is often requested for the Healthy Families and Community Partners for Safe Families programs • Call for program-specific eligibility details
Daytime, evening and weekend hours Check website for current schedule Walk-in clinics: no appointment necessary, children and adults will be seen on first-come, first-served basis	<ul style="list-style-type: none"> • \$10 per shot • Medicaid accepted for children only • No one will be turned away regardless of ability to pay 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Ages 0-18 uninsured, underinsured, Medicaid • Ages 19+ uninsured and underinsured populations • Ages 0-17 must be accompanied by an adult • Children's current shot record required



Organization/Agency	Services	Hours	Fees	Eligibility
Three Rivers Ambulance Authority (TRAA) 525 Hayden St. Fort Wayne, IN 46802 260-420-6500 www.traa-ems.com	<ul style="list-style-type: none"> • CPR Training: 4-hour course, participants are certified and receive cards good for two years • Safe Sleep: Indiana Crib Distribution Site • Safe Sleep Class: Learn about safe sleep environment and other life-saving tips <ul style="list-style-type: none"> • Verify car seat installation 	Call for class schedule and to enroll 260-423-1436 Safe Sleep Class: 3rd M 2PM	<ul style="list-style-type: none"> • CPR Training: \$15 per student • Safe Sleep Class: Free 	<ul style="list-style-type: none"> • Call office or check website for requirements
Tobacco Free Allen County Parkview Randallia 2200 Randallia Dr., 2nd Floor Fort Wayne, IN 46805 260-373-4276	<ul style="list-style-type: none"> • How to quit and recover from use of tobacco and vaping products • Exposure to secondhand smoke in the workplace, home, or automobile - risks to children & adults • Smoke-free housing 	M-F 10AM-6PM	<ul style="list-style-type: none"> • Free for most services 	<ul style="list-style-type: none"> • Anyone is eligible
Turnstone Center for Children & Adults with Disabilities 3320 N. Clinton St. Fort Wayne, IN 46805 260-483-2100 www.Turnstone.org	Free birth to 3-years-old developmental screenings for: <ul style="list-style-type: none"> • Speech and language skills • Feeding skills • Sensory processing/integration • Fine motor skills • Gross motor skills • Self-help skills 	M-TH 6:30AM-8PM F 6:30AM-5:30PM SAT 9AM-2PM	<ul style="list-style-type: none"> • May be billed to private insurance, Medicaid, or CSHCS • A sliding-fee scale is available for those who qualify based on income 	<ul style="list-style-type: none"> • Call office or check website for requirements
United Way 2-1-1 Help Line <i>Sponsored by United Way of Allen County</i> 260-744-0711 877-502-0700 (toll free) www.MyUnitedWay2-1-1.org	<ul style="list-style-type: none"> • General information on organizations for financial and medical assistance, counseling, patient assistance, and a variety of other services • Spanish-speaking information and referral specialist available 	M-F 7AM-5PM *Calls answered 24/7 Bus Routes: 3/Village Woods 8/Calhoun	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Anyone is eligible



Organization/Agency	Services
WIC (Women, Infants and Children) <i>Sponsored by Neighborhood Health Clinics</i> Call for all location appointments: 260-458-2641 www.fns.usda.gov/wic 1717 S. Calhoun St. Fort Wayne, IN 46802 ----- 3350 E. Paulding Rd. Fort Wayne, IN 46816	<ul style="list-style-type: none"> • Supplemental nutrition program • Breast feeding support • Peer counselors • Staff assistance with breast pumps • Nutrition education classes and food demonstrations • Assistance with applying for market place insurance and Medicaid
Women's Care Center www.WomensCareCenter.org 419 E. Wayne St. Fort Wayne, IN 46802 24-Hour Help Line: 260-424-9377 Spanish Line: 260-420-8232 ----- 4600 W. Jefferson Blvd. Fort Wayne, IN 46804 260-203-5476 ----- 921 W. Coliseum Blvd. Fort Wayne, IN 46808 24-Hour Help Line: 260-483-8918	<ul style="list-style-type: none"> • Free pregnancy testing/counseling • Parenting classes • Limited ultrasound • Healthy relationship classes • Crib Club: Baby furniture, clothing and supplies program, funded and operated by Christ Child Society of Fort Wayne. See page 34 • Referrals to doctors and other community resources • Birth preparation classes • Spanish interpretation available on-site during regular hours of operation on: M-F (Coliseum Blvd. location) M (Wayne St. location) TH (W. Jefferson Blvd. location) • Adoption Support Center: Provides on site assistance by helping clients wanting to know more about adoption process



Hours	Fees	Eligibility
M 8AM-7PM T 8AM-5PM W 8AM-7PM TH F 8AM-5PM Bus Routes: 3/Village Woods 6/McKinnie/Franke Pk 8/Calhoun 9/Brooklyn/Taylor ----- M T 8AM-5PM W 10AM-7PM TH F 8AM-5PM Bus Route: 3/Village Woods	• Free	• Pregnant women, women, infants, and children ages 1-5 years old
M-F 9AM-5PM Bus Route: 2/Times Corner ----- M 9AM-5PM T 9AM-7PM W 9AM-5PM TH 8AM-5PM F 9AM-5PM Bus Route: 2/Times Corner ----- M 8AM-8PM T 9AM-7PM W 9AM-5PM TH 9AM-7PM F 9AM-5PM Bus Route: 6/Centlivre-Franke Park	• Free	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • For pregnant women and new moms and dads • Appointments accepted • Walk-ins welcome



Organization/Agency	Services
Women's Health Advantage Call for all location appointments: 260-432-4400 www.HerAdvantage.com ----- Georgetown 6418 E. State Blvd. Fort Wayne, IN 46815 ----- Parkview North 11141 Parkview Dr., Suite 325 Fort Wayne, IN 46845 ----- Perinatal Center 2518 E. Dupont Rd. Fort Wayne, IN 46825 260-969-6881 For after hours call: 260-432-4400 ----- Southwest 7988 W. Jefferson Blvd. Fort Wayne, IN 46804	<ul style="list-style-type: none"> • Obstetrics • Gynecology • FMLA/Disability paperwork • Mammography • Birth control services • Infertility • Pregnancy tests • Full pregnancy care • Ultrasounds • Infant non-stress testing (NST) • Full range of prenatal tests available • High risk counseling
Women's Health Link 2126 Inwood Dr. Fort Wayne, IN 46815 260-203-2365 www.WomensHealthLink.org	Referrals to life-affirming healthcare services for women: <ul style="list-style-type: none"> • Crisis pregnancy • Reproductive health-related concerns • Pregnancy and STD prevention classes • Free diapers to families in crisis • Spanish interpreters available upon request. Call to confirm.

Hours	Fees	Eligibility
M-F 8:30AM-5PM ----- Bus Route: 2/Time Corners, Georgetown ----- Bus Route: 15/MedLink ----- Bus Route: 15/MedLink ----- Bus Route: 22/West Jefferson/ Lutheran	<ul style="list-style-type: none"> • Vary by service provided • Insurance welcome, but not required • Medicaid and Medicare accepted • Medicaid Emergency insurance users must prepay \$100 • Uninsured receive 10% discount but must pay in full for services at the time of the visit 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Photo ID required
M-F 9AM-4PM Bus Route: 4/Parkview	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • No U.S. government-issued ID needed • Ages 15-25 • Call for appointment • Walk-ins also welcome



August 2017						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2017						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

February 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

May 2018						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

March 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2018						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2018						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



August 2018						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2018						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

September 2018						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2018						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

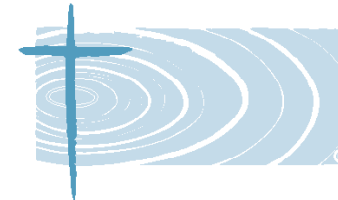
October 2018						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Thank you to our sponsor

Poor Handmaids of Jesus Christ



Partners in the work of the Spirit

www.phjc.org

COLOPHON

PUBLISHER

St. Joseph Community Health Foundation

PHOTOGRAPHY

Ellie Bogue

ART DIRECTION

Michelle Marqueling

CONTENT

Ellie Bogue, Michelle Marqueling

CONTENT CONTRIBUTORS

Meg Distler, Marla Rust, Laura Dwire, Molly Brennan, Michelle Marqueling, Jenn Storey, Ellie Bogue, Mark Burkholder
Prenatal & Infant Care Network

PRINTING Fort Wayne Printing Company Inc.

PAPER 100lb Gloss Cover, 50lb Husky

TYPE Times New Roman, Georgia

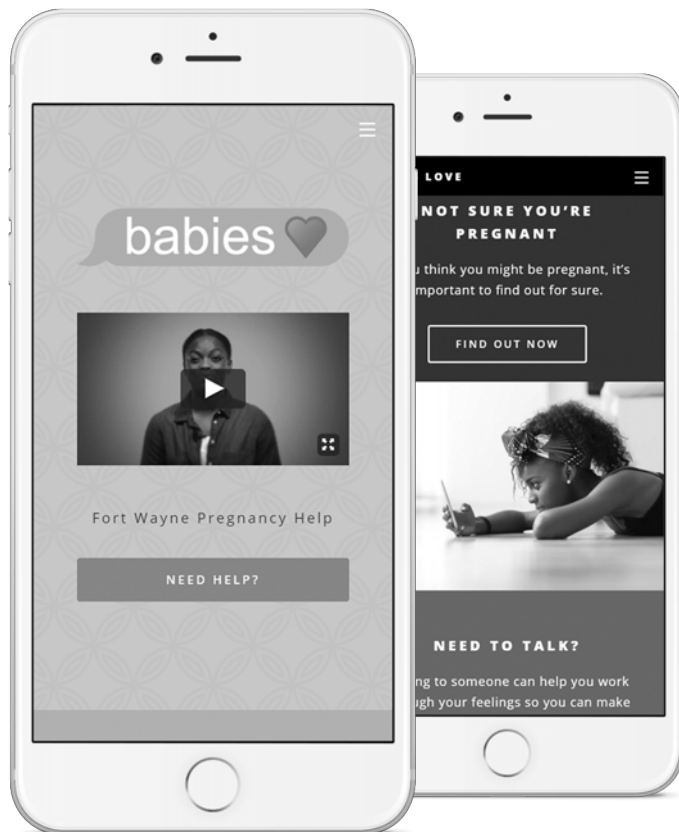
Disclaimer: The contents of this directory of quality, low-cost services is not an endorsement of providers. Users are encouraged to take responsibility for their own decisions on their choice of providers and the services they utilize.





BabiesLove.org

Get **FREE** help right from
your smartphone



2017-2018 Community Health Resource Directory

Resource for free & low-cost healthcare services
in the Fort Wayne Community



— Get your copy —

260-969-2001 ext. 211 | directory@sjchf.org | sjchf.org

Updated Spanish Directory available Fall 2017





sjchf.org | 260-969-2001 | 347 W. Berry St., Suite 101



St. Joseph Community Health Foundation